

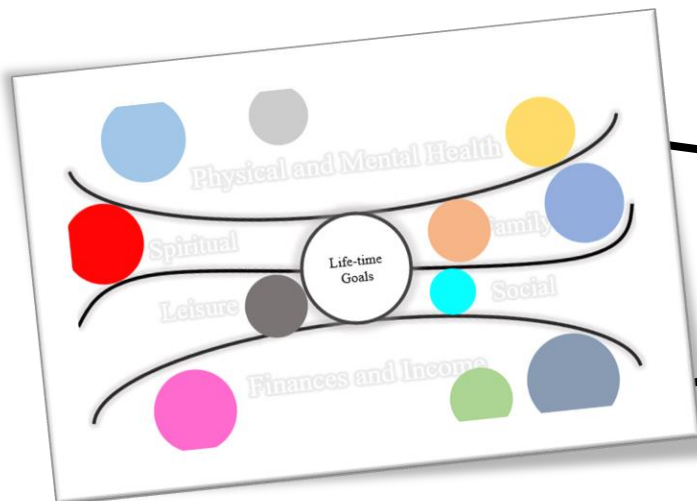
YOUR 2025 WEEKLY PLANNER

Personal Details

“

”

HOW TO GET THE BEST OUT OF THIS PLANNER



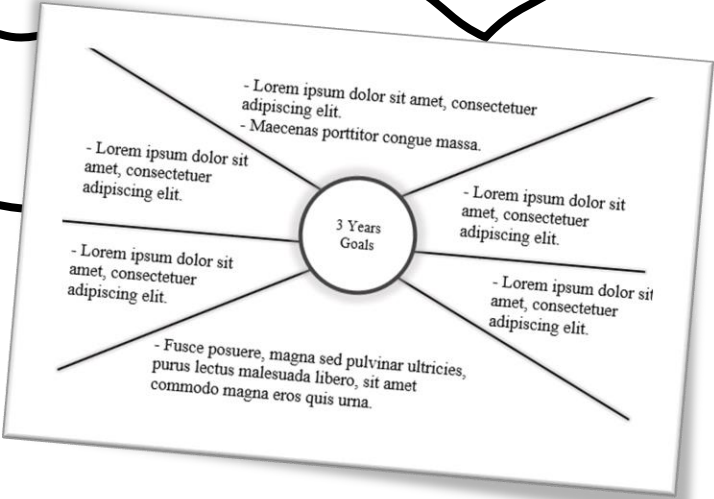
Start by setting your life-time goals associated with your areas of importance. List your areas of importance as a floor base, then on top of each area set a dream or a wish, something you want have, accomplishment or what you want to become.

We have chosen the following areas of importance -**Physical and Mental Health** - **Finance and Income** -**Spiritual** -**Family** -**Social** and -**Leisure**

You can choose the areas of importance that suite your life and environment.

In each area, you can have more than one wish or a dream such as be fit, live longer and have stress free life. As they all falls in one area but they are different goal. Now put your wishes in specific targets form that you can achieve within 3 years, like “reduce my weight by 15 KG”.

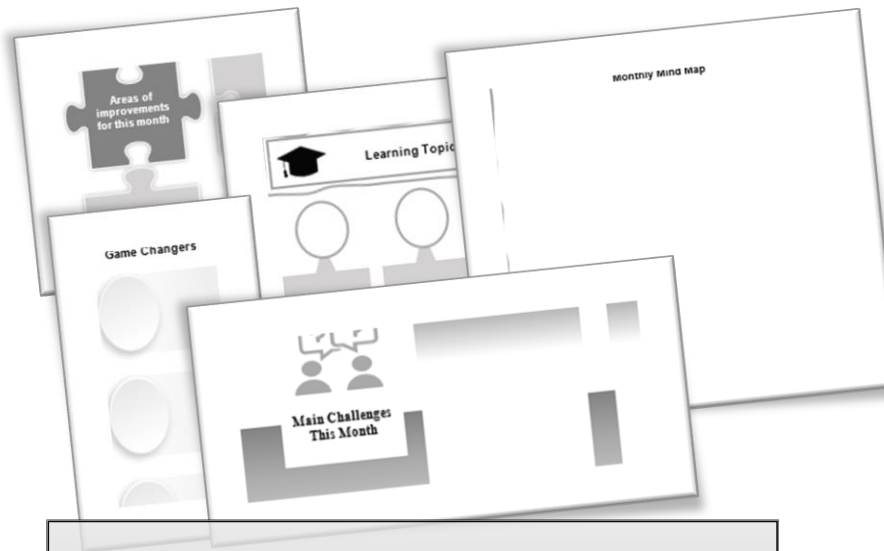
Usually, 3 years goals are far stretched and must be broken down into smaller steps. Each goal can be reduced to more reachable targets, or broken down to sequential steps such as completing set of levels for getting a certificate.



It is always recommended for goals to be **SMART** (Specific, Measurable, Attainable, Relevant, Timely Framed).

A common reason for not achieving targets is when people stop tracking their progress and stop their efforts to accomplish them. To prevent this from occurring, we encourage to transform your goals to actionable monthly or quarterly tasks and continue to measure your progress on regular bases.

Similarly, your tasks should be SMART tasks as well, this way you will be able to measure and modify them if necessary.

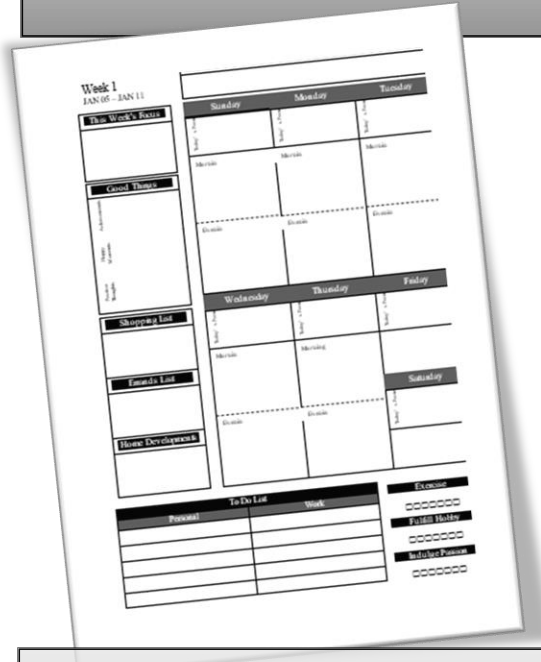
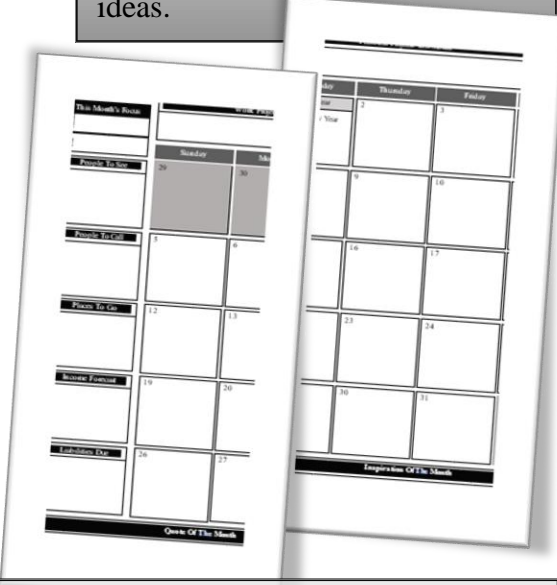


Before the start of every quarter, it is advisable to review your quarterly actionable tasks.

Also, at the start of every month, we've added some elements to help you get the most benefit of your month. Set some **areas of improvements for yourself, learning topics, your challenges and game changers** that will help you elevate your productivity. The space for **mind mapping** will help you connect your thoughts and ideas.

In the monthly view for every month, you'll be able to have a holistic view for all your monthly appointments and engagements. You can add important dates such as anniversaries, birthdays, sports events or deadlines.

Further to that, we've added section to track your monthly **main focus for work and personal, list of work and personal projects, places to go, people to meet and contact, income and liabilities forecast**. Also, there is a space for your **best quotes and motivating thoughts**.

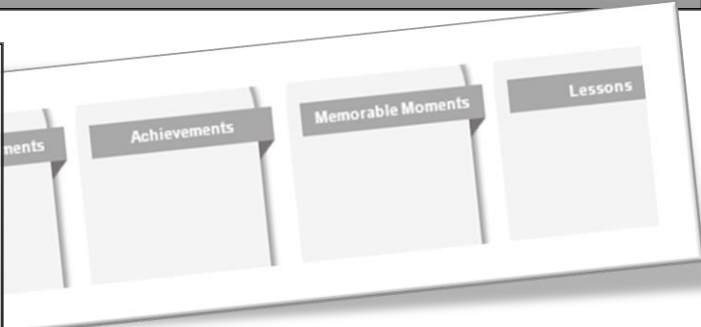


The weekly view is to assist you organize your week with all commitments and planned activities. Prevent overlapping or inactivity, stay **focused on tasks weekly and daily**. Also, we've considered your **shopping list, errands and home developments**. To keep your life balanced, you have to pay attention to the things that make you happy and fulfilled such as **achievements, happy moments, positive thoughts, exercise, hobbies and passion**.

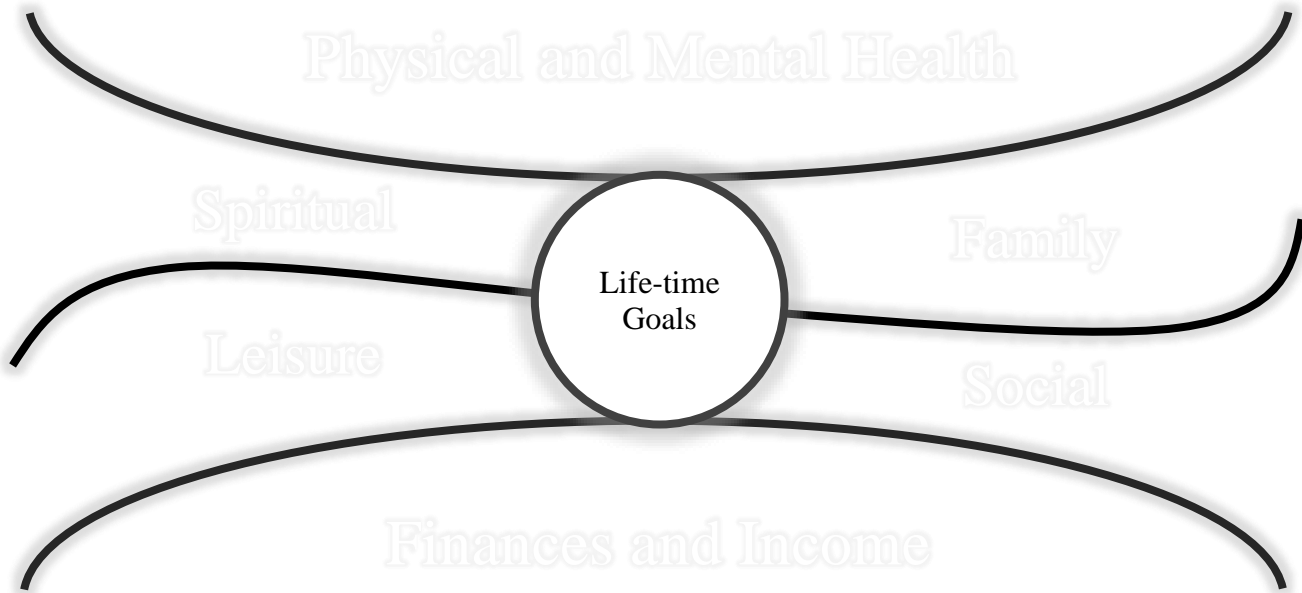
With a weekly **to do list** for work and personal, you'll be more effective to achieve more. Finally, always plan something with your **family**.

By the end of each month, we need to reflect back and see our progress in **self-improvements, achievements and learning**. Also, we need to remember our **happy moments and people we're thankful for** to motivate us to move forward.

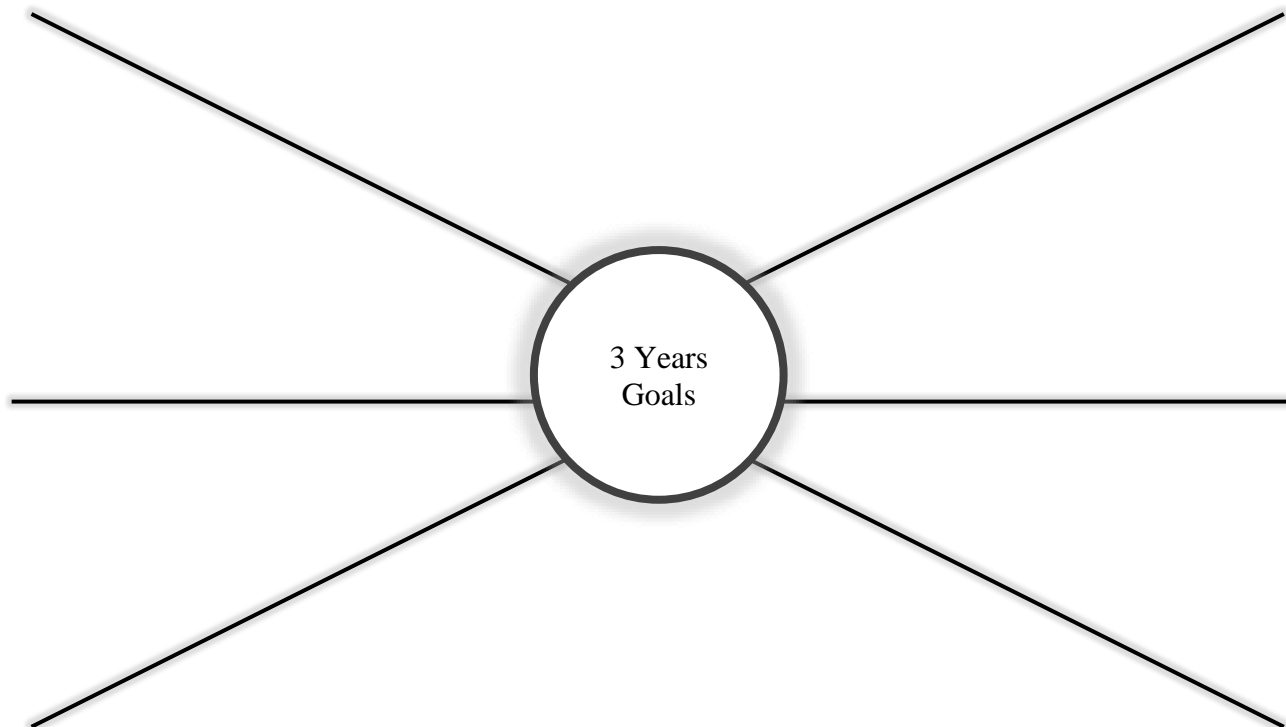
To get a little help with **time efficiency**, list your **priorities, time consuming tasks** and how could it be improved through **delegation**.



SETTING YOUR GOALS



Cut down to 3 years goals



Then transform to 1 year resolution

2025 YEAR RESOLUTION

2025 Goals

Quarterly Actionable Tasks

Q	Task	Goal	Due Date
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Q1			

Q2			

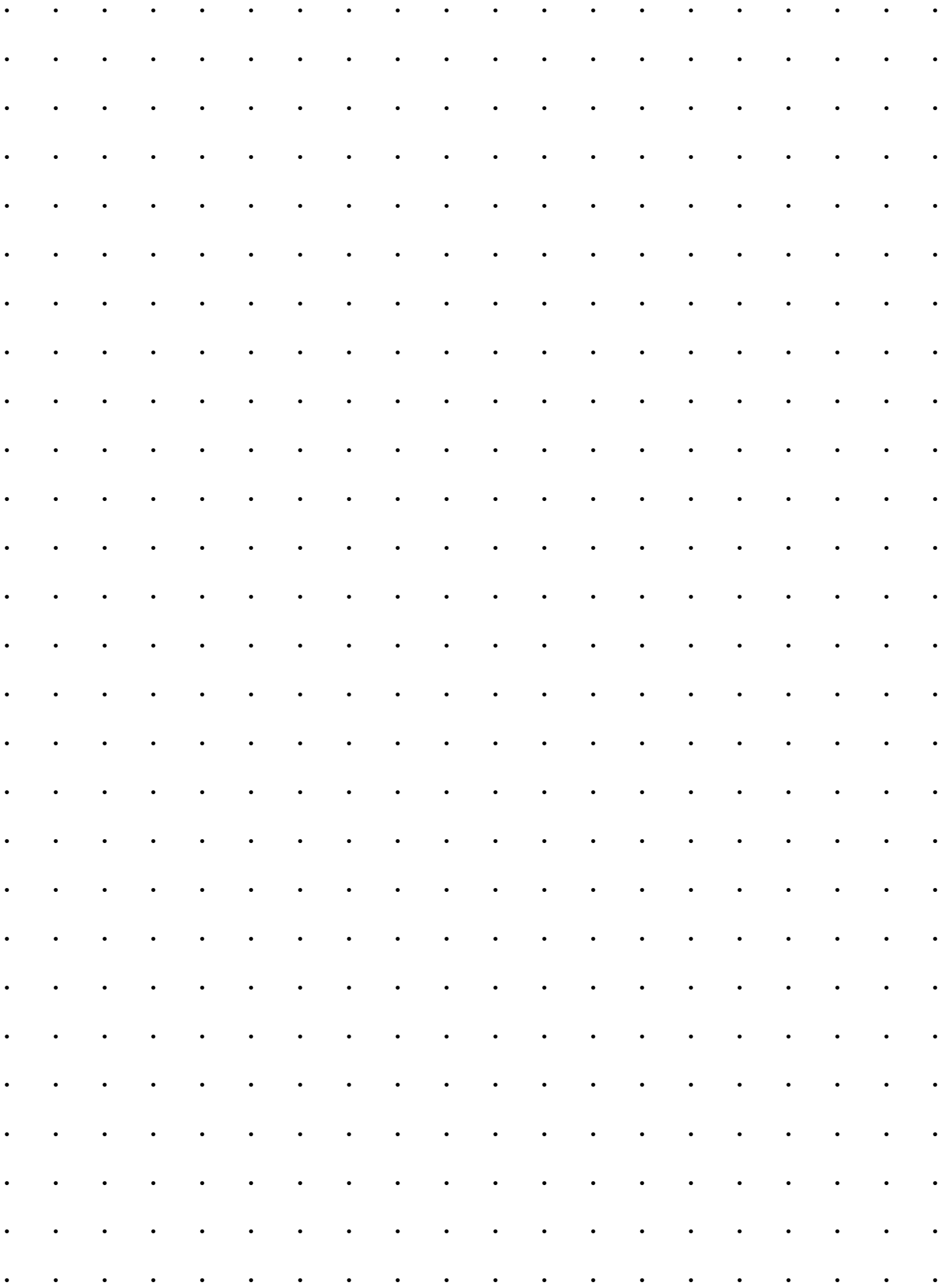
Q3			

Q4			

2025

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28		23	24	25	26	27	28	29
														30	31					
April							May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					
July							August							September						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27
27	28	29	30	31			24	25	26	27	28	29	30	28	29	30				
							31													
October							November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													

Space for Your Creativity



Prioritize 2025 Goals for Quarter One

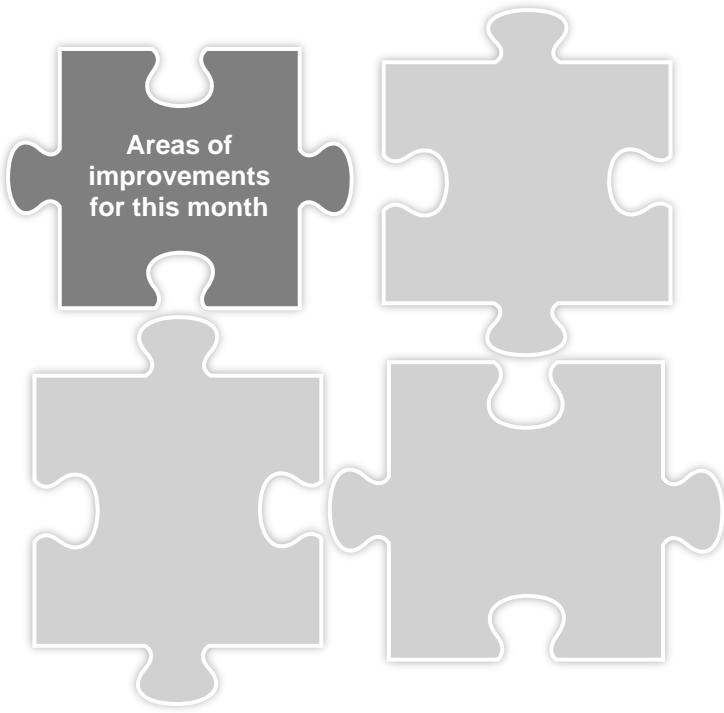
Quarter One Actionable Tasks

Q	Task	Goal	Due Date
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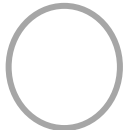
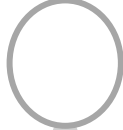
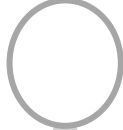
Q1			

2025




January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1							1	
5	6	7	8	9	10	11	2	3	4	5	6	7	8	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28		23	24	25	26	27	28	29
														30	31					



 **Learning Topics**

Game Changers

Monthly Mind Map



Main Challenges This Month

January

This Month's Focus

Personal

Work

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Work Projects This Month

Sunday

Monday

Tuesday

29

30

31

5

6

7

12

13

14

19

20

21

26

27

28

Quote Of The Month

Personal Projects This Month

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Wednesday	Thursday	Friday	Saturday
1 New Year - Happy New Year 2025	2	3	4
8	9	10	11
15	16	17	18
22	23	24	25
29	30	31	1

Inspiration Of The Month

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Week 52

DEC 29 – JAN 04

Family Plans

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Saturday Today's Focus
Evening	Evening	

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

□□□□□□□□

Week 1
JAN 05 – JAN 11

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 2
JAN 12 – JAN 18

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #cccccc; text-align: center; padding: 2px;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 3
 JAN 19 – JAN 25

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening					
						Saturday		
						Today's Focus		

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 4
 JAN 26 – FEB 01

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Today's Focus
		Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters

Areas of improvements for this month



Learning Topics



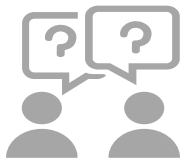
Three vertical rectangular boxes for learning topics, each with a circular icon at the top.

Game Changers

Three horizontal rounded rectangular boxes for game changers, each with a circular icon on the left.

Monthly Mind Map

A large, irregularly shaped box for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes for main challenges, set against a dark grey background.

February

This Month's Focus

Personal

Work

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Work Projects This Month

Sunday

Monday

Tuesday

26

27

28

2

3

4

9

10

11

16

17

18

23

24

25

Quote Of The Month

Personal Projects This Month

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Wednesday	Thursday	Friday	Saturday
29	30	31	1
5	6	7	8
12	13	14	15
19	20	21	22
26	27	28	1

Inspiration Of The Month

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Week 5
 FEB 02 – FEB 08

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

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Errands List

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Home Developments

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Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Evening

Evening

Saturday

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 6
FEB 09 – FEB 15

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #808080; color: white; text-align: center; padding: 5px;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 7
FEB 16 – FEB 22

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	
		Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
□ □ □ □ □ □ □ □
Indulge Passion
□ □ □ □ □ □ □ □

Space for Your Creativity

Week 8
FEB 23 – MAR 01

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening					
						Saturday		
						Today's Focus		

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

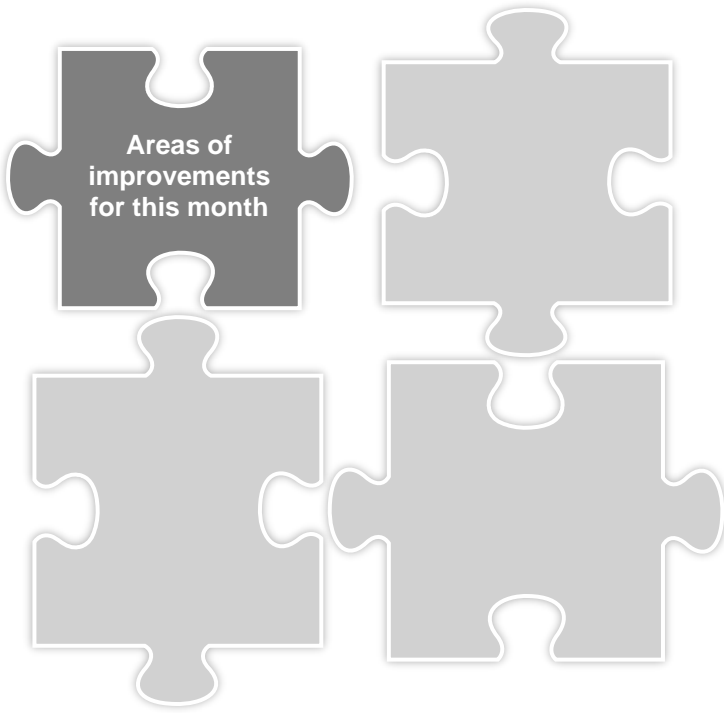
List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

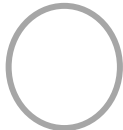
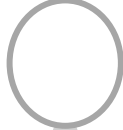
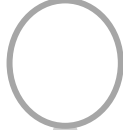
Routine tasks with measured actual duration

Tasks you could have delegated




Unbeneficial time eaters



 **Learning Topics**

Game Changers

Monthly Mind Map



Main Challenges This Month

MARCH

This Month's Focus

Personal

Work

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Work Projects This Month

Sunday

Monday

Tuesday

2 Ramadan

3 Ramadan

4 Ramadan

9 Ramadan

10 Ramadan

11 Ramadan

16 Ramadan

17 Ramadan

18 Ramadan

23 Ramadan

24 Ramadan

25 Ramadan

30 Eid El-Fitr

31 Eid El-Fitr

1 Eid El-Fitr

Quote Of The Month

Personal Projects This Month

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Wednesday	Thursday	Friday	Saturday
5 Ramadan	6 Ramadan	7 Ramadan	8 Ramadan
12 Ramadan	13 Ramadan	14 Ramadan	15 Ramadan
19 Ramadan	20 Ramadan	21 Ramadan	22 Ramadan
26 Ramadan	27 Ramadan	28 Ramadan	29 Ramadan
2	3	4	5

Inspiration Of The Month

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Week 9
MAR 02 – MAR 08

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p>Saturday</p>		
						Today's Focus		

To Do List

Personal	Work

Exercise

□□□□□□□□

Fulfill Hobby

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Indulge Passion

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Week 10
MAR 09 – MAR 15

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #cccccc; padding: 2px;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Week 11
MAR 16 – MAR 22

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

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Errands List

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Home Developments

--

Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Saturday

Evening

Evening

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 12
MAR 23 – MAR 29

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

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Errands List

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Home Developments

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Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Evening

Evening

Saturday

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

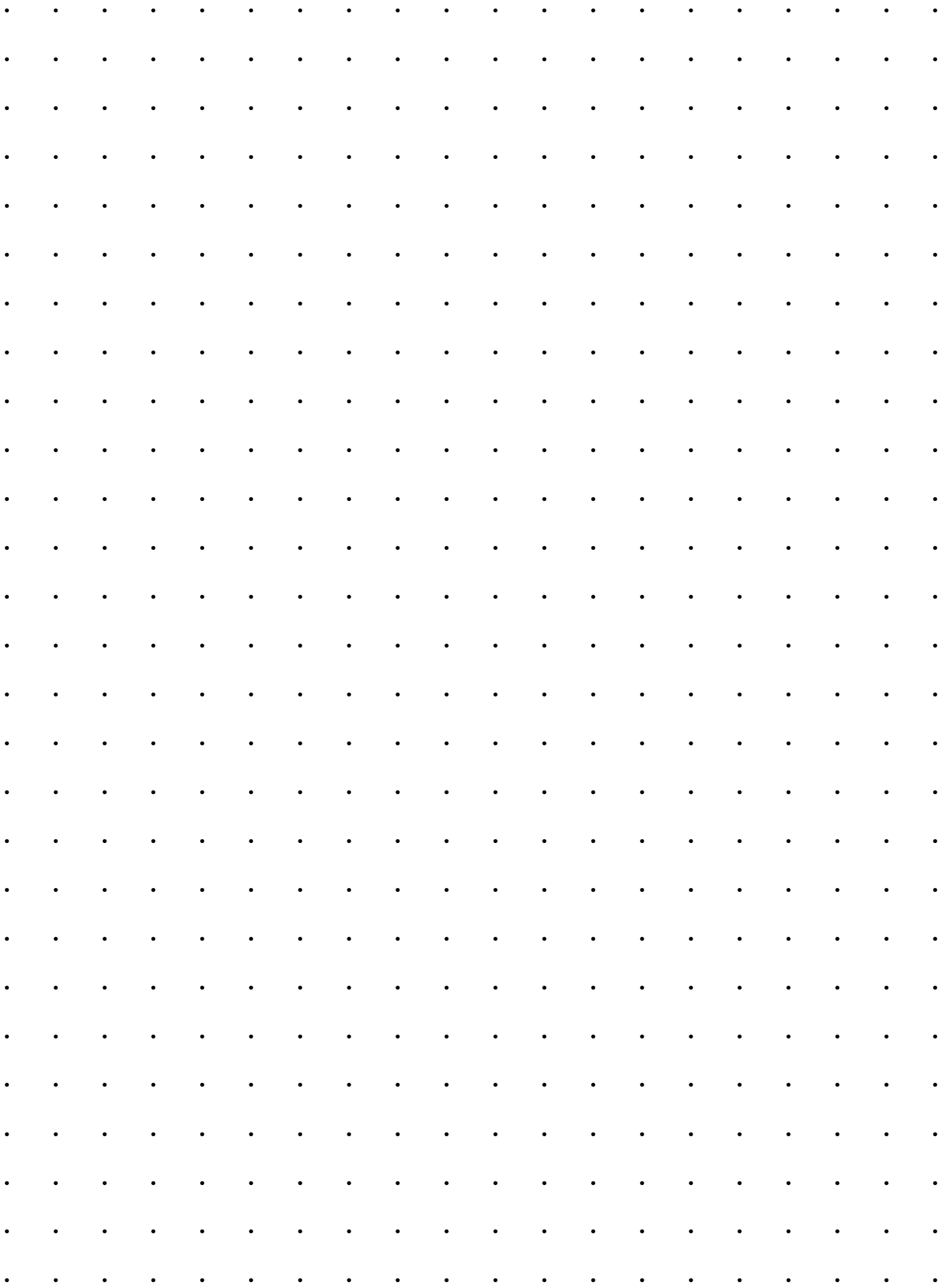
List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters



Prioritize 2025 Goals for Quarter Two

Quarter Two Actionable Tasks

Q	Task	Goal	Due Date
---	------	------	----------

Q1			

2025

April							May							June						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30					

Areas of improvements for this month



Learning Topics



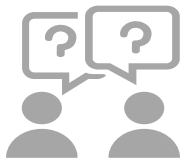
Three vertical rectangular boxes for learning topics, each with a circular icon at the top.

Game Changers

Three horizontal rounded rectangular boxes for game changers, each with a circular icon on the left.

Monthly Mind Map

A large, irregularly shaped box for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes for main challenges, set against a dark grey background.

April

This Month's Focus

Personal

Work

Work Projects This Month

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Sunday

Monday

Tuesday

30

31

1

6

7

8

13

14

15

20

21

22

27

28

29

Quote Of The Month

Personal Projects This Month

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Wednesday

Thursday

Friday

Saturday

2

3

4

5

9

10

11

12

16

17

18

19

23

24

25

26

30

1

2

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Inspiration Of The Month

--

Week 13
MAR 30 – APR 05

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Today's Focus

To Do List	
Personal	Work

Exercise
□ □ □ □ □ □ □ □
Fulfill Hobby
□ □ □ □ □ □ □ □
Indulge Passion
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Week 14
 APR 06 – APR 12

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #cccccc; padding: 2px; text-align: center; font-weight: bold;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise
□□□□□□□□
Fulfill Hobby
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Indulge Passion
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Week 15
 APR 13 – APR 19

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 16
 APR 20 – APR 26

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Saturday		
Evening			Evening					
Today's Focus			Today's Focus			Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 17
 APR 27 – MAY 03

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

□ □ □ □ □ □ □ □

Indulge Passion

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Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters

Areas of improvements for this month



Learning Topics



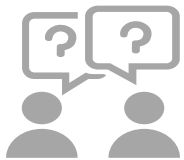
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Three horizontal rounded rectangular boxes for game changers, each with a circular icon on the left.

Monthly Mind Map

A large, irregularly shaped box for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes for main challenges, set against a dark grey background.

May

This Month's Focus

Personal

Work

Work Projects This Month

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Sunday	Monday	Tuesday
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27	28	29
----	----	----

People To See

--

People To Call

--

4

5

6

Places To Go

--

11

12

13

Income Forecast

--

18

19

20

Liabilities Due

--

25

26

27

Quote Of The Month

--

Personal Projects This Month

Wednesday

Thursday

Friday

Saturday

30

1 Labour Day

2

3

7

8

9

10

14

15

16

17

21

22

23

24

28

29

30

31

Inspiration Of The Month

Week 18
MAY 04 – MAY 10

Family Plans

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p style="text-align: center;">Saturday</p>		
						Today's Focus		

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 19
MAY 11 – MAY 17

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Morning
		Evening

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 20
MAY 18 – MAY 24

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

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Errands List

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Home Developments

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Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Evening

Evening

Saturday

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 21
MAY 25 – MAY 31

Family Plans

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p style="text-align: center;">Saturday</p> Today's Focus		

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters

Areas of improvements for this month



Learning Topics



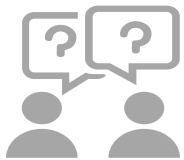
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Game Changers

Three horizontal rounded rectangular boxes for game changers, each with a circular icon on the left.

Monthly Mind Map

A large, irregularly shaped box for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes for main challenges, set against a dark grey background.

June

This Month's Focus	
Personal	
Work	

Work Projects This Month		

People To See	

Sunday	Monday	Tuesday
1	2	3

People To Call	

8 Eid El-Adha	9 Eid El-Adha	10
---------------	---------------	----

Places To Go	

15	16	17
----	----	----

Income Forecast	

22	23	24
----	----	----

Liabilities Due	

29	30	1
----	----	---

Quote Of The Month		

Personal Projects This Month

Wednesday	Thursday	Friday	Saturday
4	5	6 Arafa Day	7 Eid El-Adha
11	12	13	14
18	19	20	21
25	26 New Hijri Year	27	28
2	3	4	5

Inspiration Of The Month

Week 22
 JUN 01 – JUN 07

Family Plans

Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	
		Saturday
		Today's Focus

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 23
JUN 08 – JUN 14

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 24
 JUN 15 – JUN 21

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 25
JUN 22 – JUN 28

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Evening

Evening

Saturday

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

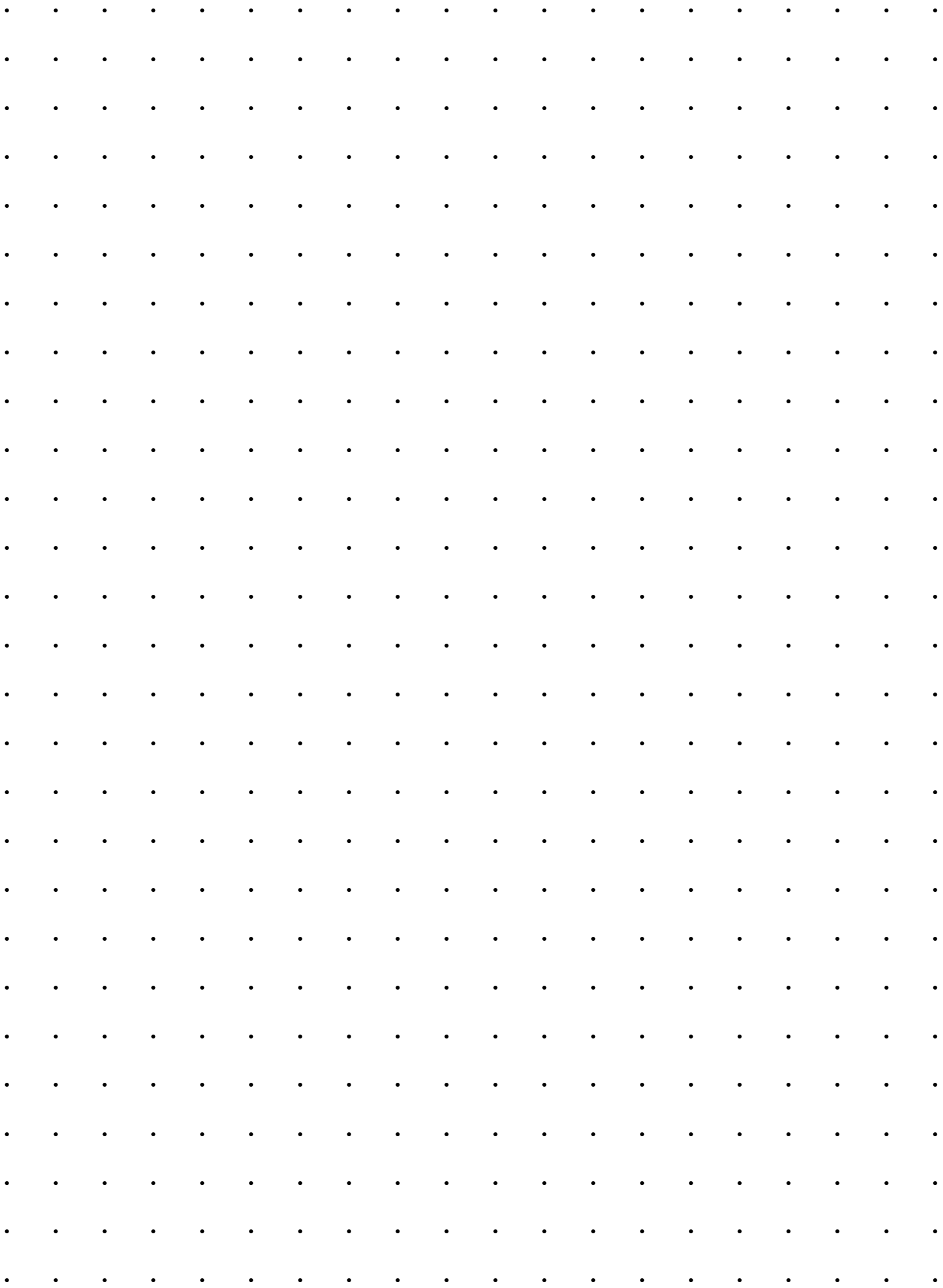
List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters



Prioritize 2025 Goals for Quarter Three

Quarter Three Actionable Tasks

Q	Task	Goal	Due Date
---	------	------	----------

Q1			

2025

July

August

September

S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27
27	28	29	30	31			24	25	26	27	28	29	30	28	29	30				
							31													

Areas of improvements for this month



Learning Topics



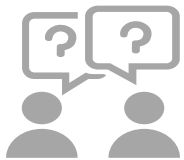
Three vertical rectangular boxes, each topped with a circle, representing learning topics.

Game Changers

Three horizontal rounded rectangular boxes, each preceded by a circle, representing game changers.

Monthly Mind Map

A large, irregularly shaped box intended for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes representing main challenges for the month.

July

This Month's Focus

Personal

Work

Work Projects This Month

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Sunday

Monday

Tuesday

29

30

1

6

7

8

13

14

15

20

21

22

27

28

29

Quote Of The Month

Personal Projects This Month

--

Wednesday	Thursday	Friday	Saturday
2	3	4 Ashoora	5 Ashoora
9	10	11	12
16	17	18	19
23	24	25	26
30	31	1	2

Inspiration Of The Month

--

Week 26
JUN 29 – JUL 05

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #808080; color: white; text-align: center; padding: 5px;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise
□ □ □ □ □ □ □ □
Fulfill Hobby
□ □ □ □ □ □ □ □
Indulge Passion
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Week 27
JUL 06 – JUL 12

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
□□□□□□□□
Fulfill Hobby
□□□□□□□□
Indulge Passion
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Week 28
JUL 13 – JUL 19

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Space for Your Creativity

Week 29
JUL 20 – JUL 26

Family Plans

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p style="text-align: center;">Saturday</p>		
						Today's Focus		

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 30
JUL 27 – AUG 02

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

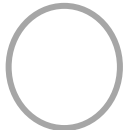
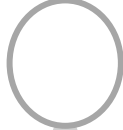
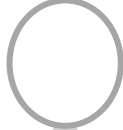
Tasks you could have delegated

Unbeneficial time eaters




Areas of improvements for this month



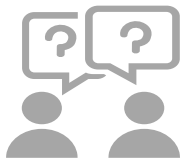
 Learning Topics

Game Changers

Monthly Mind Map



Main Challenges This Month

August

This Month's Focus

Personal

Work

Work Projects This Month

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Sunday

Monday

Tuesday

31

28

29

3

4

5

10

11

12

17

18

19

24

25

26

Quote Of The Month

Personal Projects This Month

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Wednesday

Thursday

Friday

Saturday

30

31

1

2

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16

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Inspiration Of The Month

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Week 31
AUG 03 – AUG 09

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
						Saturday		
						Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 32
AUG 10 – AUG 16

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Morning
		Evening

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Week 33
AUG 17 – AUG 23

Family Plans

Family Plans		

This Week's Focus

--

Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening

Wednesday

Thursday

Friday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

□□□□□□□□

Space for Your Creativity

Week 34
AUG 24 – AUG 30

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
□□□□□□□□
Fulfill Hobby
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Indulge Passion
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Space for Your Creativity

Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

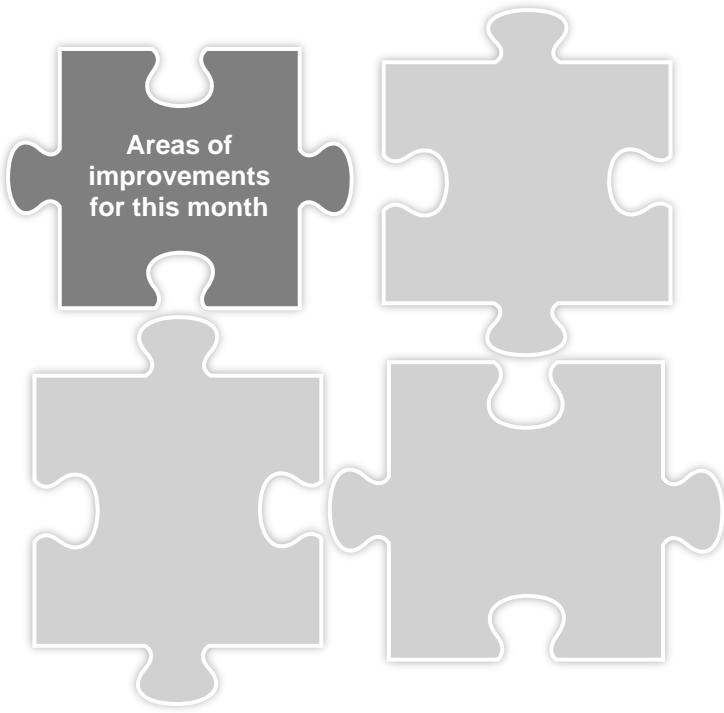
List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

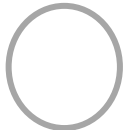
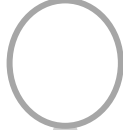
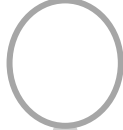
Routine tasks with measured actual duration

Tasks you could have delegated




Unbeneficial time eaters



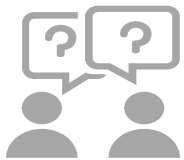
 **Learning Topics**

Game Changers

Monthly Mind Map



Main Challenges This Month

September

This Month's Focus

Personal

Work

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Work Projects This Month

Sunday

Monday

Tuesday

31

1

2

7

8

9

14

15

16

21

22

23

28

29

30

Quote Of The Month

Personal Projects This Month

--

Wednesday	Thursday	Friday	Saturday
3	4 Prophet's	5	6
10	11	12	13
17	18	19	20
24	25	26	27
1	2	3	4

Inspiration Of The Month

--

Week 35
AUG 31 – SEP 06

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
□ □ □ □ □ □ □ □
Fulfill Hobby
□ □ □ □ □ □ □ □
Indulge Passion
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Week 36
 SEP 07 – SEP 13

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Week 37
SEP 14 – SEP 20

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 38
SEP 21 – SEP 27

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Saturday		
Evening			Evening					
Today's Focus			Today's Focus			Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 39
 SEP 28 – OCT 04

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

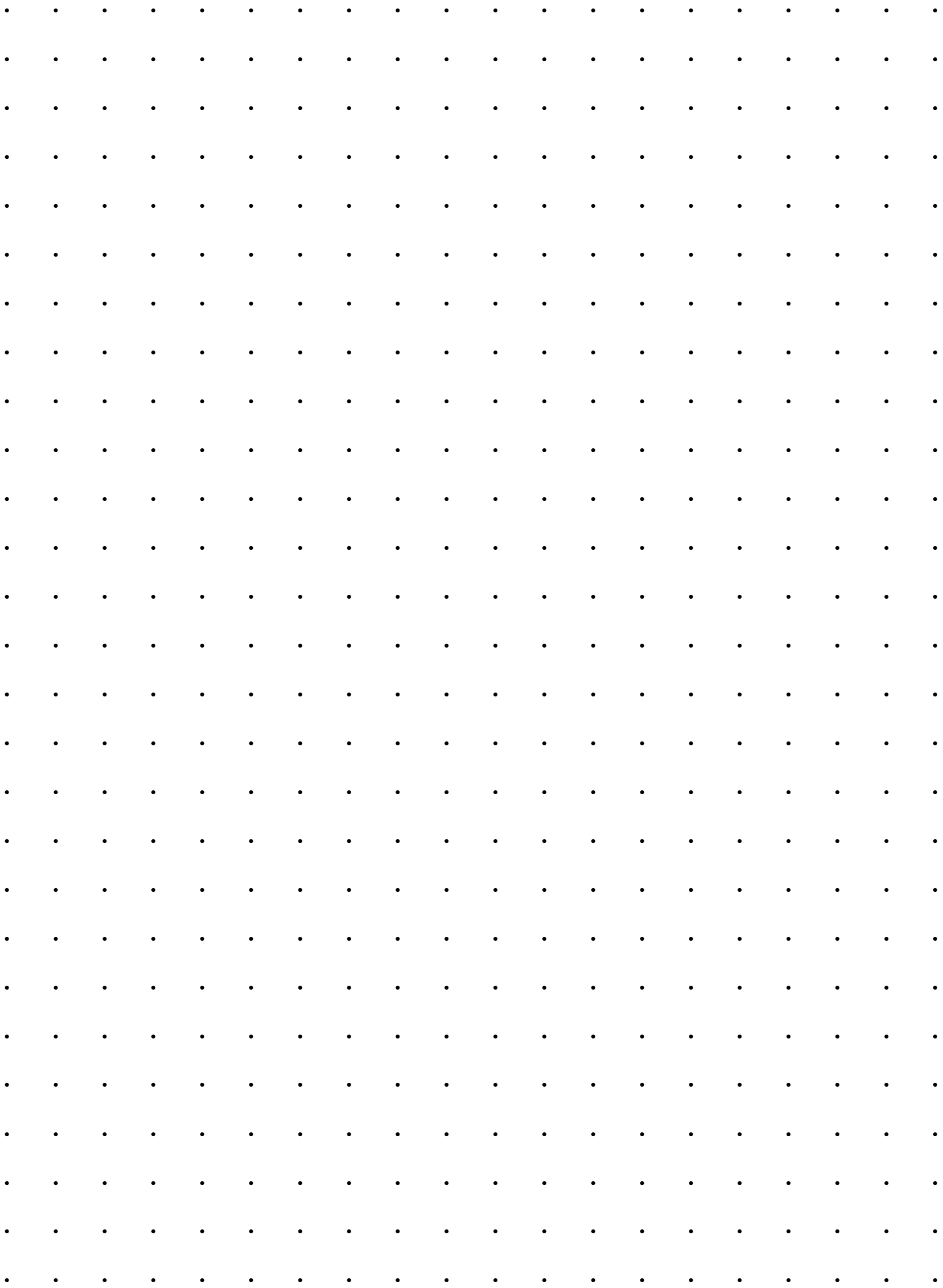
List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters



Prioritize 2025 Goals for Quarter Four

Quarter Four Actionable Tasks

Q	Task	Goal	Due Date
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Q1			

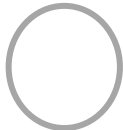
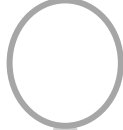
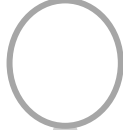
2025

October							November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1		1	2	3	4	5	6	
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													




Areas of improvements for this month



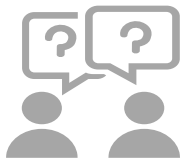
 Learning Topics

Game Changers

Monthly Mind Map



Main Challenges This Month

October

This Month's Focus

Personal

Work

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Work Projects This Month

Sunday

Monday

Tuesday

28

29

30

5

6

7

12

13

14

19

20

21

26

27

28

Quote Of The Month

Personal Projects This Month

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Wednesday

Thursday

Friday

Saturday

1

2

3

4

8

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10

11

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17

18

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23

24

25

29

30

31

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Inspiration Of The Month

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Week 40
OCT 05 – OCT 11

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p>Saturday</p>		
						Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 41
OCT 12 – OCT 18

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 42
OCT 19 – OCT 25

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			Saturday		
						Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 43
OCT 26 – NOV 01

Family Plans

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning					
Evening			Evening			<p style="text-align: center;">Saturday</p>		
						Today's Focus		

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters

Areas of improvements for this month



Learning Topics



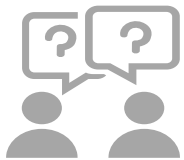
Three vertical rectangular boxes for learning topics, each with a circular icon at the top.

Game Changers

Three horizontal rounded rectangular boxes for game changers, each with a circular icon on the left.

Monthly Mind Map

A large, irregularly shaped box for a monthly mind map.



Main Challenges This Month

Three vertical rectangular boxes for main challenges, set against a dark grey background.

November

This Month's Focus

Personal

Work

Work Projects This Month

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Sunday

Monday

Tuesday

2

3

4

9

10

11

16

17

18

23

24

25

30

1

2

Quote Of The Month

Personal Projects This Month

Wednesday

Thursday

Friday

Saturday

5

6

7

8

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12

13

14

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19

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26

27

28

29

3

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5

6

Inspiration Of The Month

Week 44
NOV 02 – NOV 08

Family Plans

This Week's Focus

Good Things

Achievements

Happy Moments

Positive Thoughts

Shopping List

Errands List

Home Developments

Sunday			Monday			Tuesday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Morning		
Evening			Evening			Evening		
Wednesday			Thursday			Friday		
Today's Focus			Today's Focus			Today's Focus		
Morning			Morning			Saturday		
Evening			Evening					
Today's Focus			Today's Focus			Today's Focus		

To Do List

Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 45
NOV 09 – NOV 15

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 46
NOV 16 – NOV 22

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening

Wednesday

Thursday

Friday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 47
NOV 23 – NOV 29

Family Plans

This Week's Focus

--

Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Morning

Evening

Evening

Evening

Wednesday

Thursday

Friday

Today's Focus

Today's Focus

Today's Focus

Morning

Morning

Evening

Evening

Saturday

Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

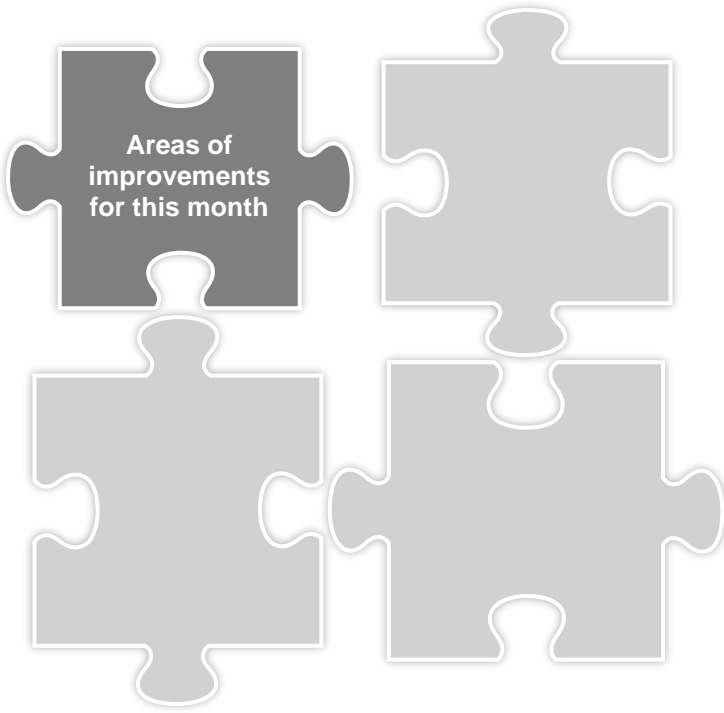
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List urgent completed tasks that were not important

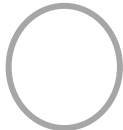
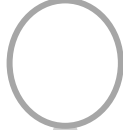
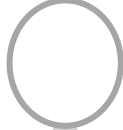
Routine tasks with measured actual duration

Tasks you could have delegated




Unbeneficial time eaters



 **Learning Topics**

Game Changers

Monthly Mind Map



Main Challenges This Month

December

This Month's Focus

Personal

Work

Work Projects This Month

People To See

People To Call

Places To Go

Income Forecast

Liabilities Due

Sunday

Monday

Tuesday

30

1

2

7

8

9

14

15

16 National Day

21

22

23

28

29

30

Quote Of The Month

Personal Projects This Month

--

Wednesday	Thursday	Friday	Saturday
3	4	5	6
10	11	12	13
17 Coronation Day	18	19	20
24	25	26	27
31	1	2	3

Inspiration Of The Month

--

Week 48
NOV 30 – DEC 06

Family Plans

This Week's Focus

--

Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening

Wednesday

Thursday

Friday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 49
 DEC 07 – DEC 13

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Week 50
 DEC 14 – DEC 20

Family Plans

This Week's Focus

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Good Things

Achievements
Happy Moments
Positive Thoughts

Shopping List

--

Errands List

--

Home Developments

--

Sunday

Monday

Tuesday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening

Wednesday

Thursday

Friday

Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
		Saturday
		Today's Focus

To Do List

Personal

Work

Exercise

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Fulfill Hobby

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Indulge Passion

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Space for Your Creativity

Week 51
 DEC 21 – DEC 27

This Week's Focus

Good Things
Achievements
Happy Moments
Positive Thoughts

Shopping List

Errands List

Home Developments

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	<div style="background-color: #808080; color: white; text-align: center; padding: 2px;">Saturday</div>
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Week 52
 DEC 28 – JAN 03

This Week's Focus	
Good Things	
Achievements	
Happy Moments	
Positive Thoughts	
Shopping List	
Errands List	
Home Developments	

Family Plans		
Sunday	Monday	Tuesday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	Morning
Evening	Evening	Evening
Wednesday	Thursday	Friday
Today's Focus	Today's Focus	Today's Focus
Morning	Morning	
Evening	Evening	Saturday
		Today's Focus

To Do List	
Personal	Work

Exercise
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Fulfill Hobby
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Indulge Passion
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Monthly Reflection - From the past month, list your ..

Self-Improvements

Achievements

Memorable Moments

Lessons



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Set / Reset your priorities

People you were grateful for

List uncompleted important tasks that were not urgent

List urgent completed tasks that were not important

Routine tasks with measured actual duration

Tasks you could have delegated

Unbeneficial time eaters

